

Care Instructions

SilverMed® Plus Pillow

Here are our tips to get the very best from your SilverMed® Pillow.

Aeration of the Pillow

Initial Aeration - Remove the pillow from the packaging and allow to stand for one hour to initiate aeration.

Full Aeration - Open the pillow zips, remove two-thirds of the fill and stir the pillow fibre contents thoroughly with your hand to fully aerate. Gradually add the remaining pillow fill and stir.

Aerate the pillow at least twice a month or as needed. Open the pillow zips and stir the pillow fibre contents thoroughly with your hand to fully separate and aerate the fibres.

Height Adjustability

Once aerated, you have control over the height and firmness of your pillow. Adjust the pillow's height by adding or removing filling to suit your personal preference. Make sure your pillow is at the right height to ensure your neck is in an orthopaedically correct alignment.

Coverings

SilverMed Plus® products should be used with appropriate coverings, i.e. pillow case and quilt cover. Wenatex The Sleep System offers a Bella Donna pillow case and fitted sheet to complement our products.

Washing the Pillow

Remove the SilverMed® Plus outer cover prior to washing. The pillow outer cover can be washed at up to 60° Celsius. It is recommended that the inner pillow, with the fill remaining inside, be washed three to four times per year at 60° Celsius. The washing machine spin cycle removes excess moisture and promotes quicker drying. Stirring your pillow filling regularly, and particularly after washing, optimises the performance and life of your pillow.

Drying

The pillow outer cover and inner cover with filling can both be dried on the line, in the shade, or in the dryer on the coolest setting. As much moisture, as possible, should first be removed using the spin cycle on the washing machine. Aeration of the pillow fill will promote faster drying.